



Luxury Detox & Wellness Retreat

Costa Blanca, Spain

6 nights | join a small group

Experience Highlights:

- 📍 Holistic detox and anti-ageing retreat includes healthy meals, yoga and pilates classes, body/sculpting classes, and workshops
- 📍 Access to the on-site spa, sauna, indoor & outdoor pools and gym
- 📍 Stay in a luxurious seaside resort near Alicante overlooking the Mediterranean Sea

Product code: NITGB Luxury Detox & Wellness Retreat



What's Included:

- 📍 6 nights luxury accommodation
- 📍 Full board gentle & natural detox menu
- 📍 Wellness program includes yoga, pilates / yogalates, specialised body toning / sculpting sessions, invigorating coastal hikes with a local guide
- 📍 "going deeper detox" programme
- 📍 Complimentary use of spa with heated indoor wave pool, sauna, jacuzzi, gym and outdoor lagoon pool with sunbathing terraces