



## Yoga & Watercolour Painting Holiday

**Casperia, Italy**

**4 nights | Private**

### Experience Highlights:

- 📍 Unwind and relax during yoga sessions set amongst magnificent countryside
- 📍 Enjoy small group watercolour sessions with your local tutor
- 📍 Explore the stunning rural area or venture into magical Rome in your free time

*Product code: NITGB Yoga & Watercolour Painting Holiday*



### What's Included:

- 📍 4 nights accommodation with daily breakfasts and 3x evening meals
- 📍 3x 90-minute yoga classes, 1x 60-minute Yin restorative and meditation class, 2 x 2-hour group watercolour painting lessons with all watercolour painting material
- 📍 Yoga mat & use of our private swimming pool & bicycles
- 📍 Excursion to the Sulphur water thermal & hot springs, a guided walk in the Sabina mountains, wine & olive oil tasting experience
- 📍 A shuttle service to Poggio Mirteto station